



**1st Norwegian-American Aesthetic Surgery Meeting
Oslo, Norway
Friday, October 23, 2015**

Dear Colleague:

The Norwegian Society for Aesthetic Plastic Surgery (NSAPS) and the American Society for Aesthetic Plastic Surgery (ASAPS) are pleased to invite you to the 1st Norwegian-American Aesthetic Surgery Meeting, in Oslo, October 23, 2015. The annual meeting of the Norwegian Society for Plastic Surgery will be held October 22, preceding this meeting. Please let your colleagues know about this special opportunity to participate in these two events!

We are proud to announce that many ASAPS members will be participating, as will 3 keynote speakers—Dr. Timothy Marten (USA), Prof. Jan Öivind Moskaug (Norway), and Prof. Hans Holmström (Sweden)—along with other Swedish and Norwegian distinguished lecturers.

In all, 26 lectures and courses will be presented at this educational 1-day full-day meeting. The program will be divided into 6 specific sessions on the Face (3 sessions), Breast, Stem Cells and Fat Grafting, and QOL and Patient Safety. Special emphasis will be on recent developments in facial aesthetic surgery, with video presentations and course-based lectures by world-renowned surgeon and teacher Dr. Timothy Marten, who will provide more than 4 hours of education during his session on Face, both for beginners and the most advanced plastic surgeons. The second keynote speaker—Prof. Jan Öivind Moskaug—will elaborate on recent developments in the explosive and exciting field of stem cell and fat grafting. The prominent Swedish surgeon in the field of rhinoplasty—Prof. Hans Holmström from Gothenburg, Sweden—with his 44 years of experience, will talk about change in techniques in rhinoplasty, heading the second Face session.

Many exciting topics will be approached, including, in aesthetic breast surgery, the interesting discovery of acute cellulitis caused by breast implant dystrophic calcification and the recently implemented Swedish breast implant registry. Fat grafting enhancement tools and its controversies will be presented as well as comparison of fat processing methods. Additional lectures will present information about mastopexy refined techniques. Quality of life and patient safety is becoming an integral part of our work and is gaining attention. The question, “Do We Harm Our Patients?” is legitimate and universal, and we will illustrate patient satisfaction/dissatisfaction with current aesthetic procedures through long-term follow-up. The complete final program is attached for your reference.

This meeting is a milestone in a collaborative effort to elevate the goals of aesthetic surgery, with more focus on research, quality of life, patient satisfaction, and developing the best standard of care. This joint meeting is a solid foundation for a scientific gathering at the highest international level.

The Congress will be held at the traditional Scandic Holmenkollen Park Hotel in Oslo, which has the best view of Norway’s beautiful capital, along with its fjords and natural surroundings. Late October in Oslo can be sunny and chilly, about 16°C (60°F), with clear skies and a chance of rain or snow.

We look forward to this exciting meeting and to seeing you in Oslo on October 23, 2015!

The Meeting Committee
Amin Kalaaji, Bjørn E. Rosenberg, and Christian Busch, NSAPS
Timothy Marten, ASAPS

Congress Venue

Scandic Holmenkollen Park Hotel in Oslo
Kongeveien 26
0787 Oslo, Norway
Phone: +47 22 92 20 00
Web site: www.holmenkollenparkhotel.no

Registration

All participants: please send your full name; title; address; telephone number, with country code; and e-mail address to Stine Dreyer at dreyerstine@gmail.com.

Please indicate whether you wish to book lunch.

Congress Fee

Members of the NSAPS and ASAPS are invited to participate without fees. Please also remember to register by e-mail.

Members of the Norwegian Society of Plastic Surgery are invited to participate without fees. Please also remember to register by e-mail.

Members of Swedish Society of Aesthetic Plastic Surgery, the Danish Society of Aesthetic Plastic Surgery, and the Finnish Society of Aesthetic Plastic Surgery: 1200 NOK (\$150 USD); on-site registration: 1700 NOK (\$225 USD)

Nonmembers: 1500 NOK (\$200 USD); on-site registration: 2000 NOK (\$250 USD)

Residents: 1000 NOK (\$125 USD); on-site registration: 1500 NOK (\$200 USD)

Nurses: 800 NOK (\$100 USD); on-site registration: 1300 NOK (\$175 USD)

Lunch for can be reserved for 250 NOK (\$35 USD).

Hotel Booking

Rooms can be booked on the Scandic Holmenkollen Park Hotel Web site:
www.holmenkollenparkhotel.no

Enter the desired dates and the meeting code BNOR191015 to obtain the special rates that apply to this meeting.

Final Program

08:00-08:10

OPENING REMARKS — *Organizing Committee Members*

08:10-10:15

FACE (SESSION 1)

Moderators: Frode Amland

Keynote Speaker: Timothy Marten, MD, San Francisco, California, USA

08:10-08:40

The Concealed-Incision Facelift: Planning a Facelift to Avoid Hairline Displacement, Visible Scars, and Other Signs the Procedure Has Been Performed

Timothy Marten, MD, San Francisco, California, USA

08:40-09:40

High SMAS Facelift: Combined Lifting of the Mid-Face, Cheek, and Jowl

Timothy Marten, MD, San Francisco, California, USA

09:40-10:00

Eyebrow Aesthetics: Defining Ideal Eyebrow Shape and Configuration

Timothy Marten, MD, San Francisco, California, USA

10:00-10:15

Panel Discussion

10:15-10:45

BREAK

10:45-12:15

BREAST SESSION

Moderators: Bjørn E. Rosenberg, Hilde Bugge

10:45-10:55

Swedish Experience With National Breast Implant Registry

Birgit Stark, MD, PhD, Stockholm, Sweden

10:55-11:05

Acute Cellulitis Caused by Breast Implant Dystrophic Calcification—A Warning

Robert A. Ersek, MD, Austin, Texas, USA

11:05-11:15

Clinical Fat Grafting: Fundamental Tools and Methodology

Alexandra Condé-Green, MD, Newark, New Jersey, USA

11:15-11:25

Aesthetic Breast Enlargement With Fat Grafting: Comparison of Two Fat Processing Methods

Amin Kalaaji, MD, PhD, Oslo, Norway

11:25-11:35

The Central Pedicle Mastoplasty—No More Dusky Nipples?

Gudjon Leifur Gunnarsson, MD, Skien, Norway

11:35-11:45

Our 2 Years' Experience With the Vertical Modified Medial Pedicle Breast Reduction After Hall Findlay/Patrick Fontet

Ayman Zakaria, MD, Stavanger, Norway

11:45-11:55

Augmentation Mastopexy: Pearls and Pitfalls

Ayman Zakaria, MD, Stavanger, Norway

11:55-12:15

Panel Discussion

12:15-13:15

LUNCH

13:15-14:30

STEM CELLS AND FAT GRAFTING SESSION

Moderators: Pål Schistad, Andrew W. Woling

Keynote Speaker: Prof. Jan Öivind Moskaug, Oslo, Norway

13:15-13:45

Stem Cells: Scientific and Clinical Experiences

Prof. Jan Öivind Moskaug, Oslo, Norway

13:45-13:55

Cell Migration From Subcutaneous Adipose Tissue Grafts: Experimental Study

Anadi Begic, MD, Skien, Norway

13:55-14:10

Fat Transfer: An indispensable Multiplanar and Multidimensional Enhancement Tool for Every Plastic Surgeon

Andrew M. Wolin, MD, Scottsdale, Arizona, USA

14:10-14:20

Controversies in the Use of Fat Grafting and Adipose-Derived Stromal Vascular Cells

Alexandra Condé-Green, MD, Newark, New Jersey, USA

14:20-14:30

Panel Discussion

14:30-16:30

FACE (SESSION 2)

Moderators: Amin Kalaaji, Gorm Bretteville

Keynote Speaker: Prof. Hans Holmström, Göteborg, Sweden

14:30-14:50

Changing Techniques During 44 Years of Rhinoplasty Experience

Prof. Hans Holmström, Göteborg, Sweden

14:50-15:00

Revisionary Rhinoplasty: Not a Standardized Procedure

Bjørn Tveit, MD, Oslo, Norway

15:00-15:15

The Interdependence of the Forehead and Eyebrow in Rejuvenation of the Upper Eyelid

Timothy Marten, MD, San Francisco, California, USA

15:15-15:45

Forehead Lift: Open and Closed Techniques

Timothy Marten, MD, San Francisco, California, USA

15:45-15:55

Brow Lift Contra Blepharoplasty: What I Choose and Why

Ayman Zakaria, MD, Stavanger, Norway

15:55-16:15

Eyelid Surgery: Periorbital Fat Grafting—A New Paradigm for Rejuvenation of the Eyelids

Timothy Marten, MD, San Francisco, California, USA

16:15-16:30

Panel Discussion

16:30-16:45

BREAK

16:45-17:45

QOL AND PATIENT SAFETY SESSION

Moderators: Helge E. Roald, Ayman Zakaria

16:45-17:00

Photography in Aesthetic Surgery: Tips, Tricks, and Cheats

Christian Tiller, MD, Stavanger, Norway

17:00-17:15

QOL in Aesthetic Surgery 5-Year Follow-up. Do We Harm Our Patients? Psychological Effects of Cosmetic Surgery Results From Long-term Studies

Helge E. Roald, MD, PhD, Oslo, Norway

17:15-17:25

The Use of Antibiotics in Aesthetic Surgery: A Survey From the Swedish Society of Aesthetic Plastic Surgery

Fredrik Gwalli, MD, PhD, Göteborg, Sweden

17:25-17:35

QOL in Patients Undergoing Breast Implants Versus Patients Undergoing Augmentation Mastopexy: Comparative Study

Amin Kalajji, MD, PhD, Oslo, Norway

17:35-17:45

Panel Discussion

17:45-19:30

FACE (SESSION 3)

Moderators: Christian Busch, Bjørn Tveit

17:45-18:35

Simultaneous Facelift and Fat Grafting: Combined Lifting and Filling in Rejuvenation of the Aging Face

Timothy Marten, MD, San Francisco, California, USA

18:35-19:00

Neck Lift: Identifying Neck Problems and Choosing Treatment Strategies

Timothy Marten, MD, San Francisco, California, USA

19:00-19:15

Neck Rejuvenation in Males: Double Chin Express

Luis López Tallaj, MD, Santo Domingo, Dominican Republic

19:15-19:30

Panel Discussion

19:30

MEETING ADJOURNS